
YOUTH (LIVED EXPERIENCE) CONSULTANT

JULY 2021



Location:	Parkville/headspace centres
Division:	Clinical Services Reform
Classification:	Social, Community, Home Care and Disability Services Industry Award 2010, Social and Community Services employee, Level 4
Employment Type:	Part-time (0.5 FTE) fixed term position available until 30 June 2022
Position reports to:	Director – Clinical Services Reform

1. POSITION SUMMARY

Reporting to the Director - Clinical Services Reform, the Youth Consultant is responsible for developing, supporting and facilitating opportunities for youth consultations, co-design and other youth participation activities across Orygen Clinical Services.

The role will work in partnership with the Orygen Primary Services, staff involved in Youth Participation, (across Orygen as a whole) and the Youth Consultation staff within Orygen Specialist Services.

2. POSITION CONTEXT

Orygen delivers cutting-edge research, policy development, innovative clinical services, and evidence-based training and education for the mental health workforce to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

We are a complex organisation. Our activities and workforce are diverse and include:

- Five headspace centres in Craigieburn, Glenroy, Melton, Sunshine and Werribee that deliver primary clinical services to young people and are operated by Orygen.
- The Centre for Youth Mental Health, a University of Melbourne research and teaching department that is wholly seconded into Orygen. Centre staff are provided with Orygen email addresses and have the use of Orygen systems.
- Orygen Specialist Program (formerly referred to as Orygen Youth Health Clinical Program), a tertiary clinical service that is currently operated by NorthWestern Mental Health, co-located with us at Parkville, Sunshine and Glenroy and also operating at sites in Footscray, and Wyndham. Whilst not under the governance of Orygen, Orygen Specialist Program works in close partnership with us.
- Orygen Digital, which develops and rolls out online clinical platforms that are fully integrated with 'in-person' clinical services.
- A training and development unit providing online and face to face training for the mental health workforce both nationally and internationally.
- A policy think tank drawing on Orygen's research and clinical expertise and partnering and collaborating with key content experts from Australia and around the world to advise government policymakers.

- Centralised professional support functions enabling the organisation to achieve strategic and operational objectives.

The Orygen Strategic Plan 2019-2022 identifies developing, delivering and rolling-out best service models as a Strategic Priority, namely 'developing, implementing and evaluating an exemplar seamless integrated clinical service model for young people in the north and west region of Melbourne.'

This position focuses on the 'co-design and delivery' component of the regional model, facilitating the involvement of young people with a lived experience of mental ill-health in the co-design and co-delivery of services and providing support to young people as part of the Regional Model.

3. ABOUT ORYGEN

VISION	Young people to enjoy optimal mental health as they grow into adulthood.
MISSION	Reduce the impact of mental ill-health on young people, their families and society.
VALUES	Respect, Accountability, Excellence, Innovation, Teamwork.
COMMITMENTS	First Nations people of Australia, young people and their families, LGBTIQ+ people & culturally and linguistically diverse people.

4. KEY RESPONSIBILITIES/OUTCOMES

The Youth Consultant will:

- With the support of the Director - Clinical Service Innovation, contribute a lived-experience perspective to clinical operations, service planning and development of youth participation, and various service meetings.
- Work with the Orygen Primary Services existing youth advisory groups to ensure they have the opportunity to be involved in co-design.
- Work collaboratively with Orygen Specialist Service's Youth Consultant and Orygen's Primary staff to explore, develop and implement new opportunities for lived-experience engagement at Orygen Clinical Services.
- Coordinating a range of opportunities for maximum lived-experience participation in:
 - o Quality improvement and service development activities;
 - o Resource development and implementation;
 - o Mental health promotion and awareness raising;
 - o Staff training;
 - o Research;
 - o Other activities.
- Liaise with and support Orygen's lived experience workforce, including peer workers, consumer consultants, family peer workers, peer educators and others within Orygen.
- Attend to administrative tasks such as minute taking, correspondence, reimbursement associated with the above activities.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

Essential:

- A personal lived experience of experiencing challenges with your mental health, physical health and/or alcohol and other drugs.

- To have been or be a first-hand user of mental health services, preferably as a young person.
- Experience in consulting from a lived experience perspective, preferably in a youth-specific setting.
- Experience in engaging with other people with lived experience, for the purposes of ensuring a broad cross-section of views are represented.
- Working knowledge of the Victorian mental health system.
- A commitment to improving the way services are delivered for young people and their carers/families.
- Experience in a range of lived experience activities, such as psycho-education material development, staff selection and induction, professional learning, community awareness.
- Commitment to the development of evaluation and research activities.
- High level interpersonal skills, including the ability to liaise effectively with a diverse range of people, families and stakeholders.
- Capacity to problem solve effectively, engage and work creatively with other staff, families and carers.
- Capacity and willingness to conduct training and group programs with staff, young people and families and carers.
- Good organisational, time management and delegation skills.
- Ability to work effectively in a team.
- Confidence to advocate for themselves and families in a clinical environment.
- High level written and verbal communication skills.

Desirable:

- A tertiary or certificate qualification in a community or health discipline (psychology, nursing, social work, occupational therapy).
- Experience with or knowledge of group leadership and/or facilitation.
- Experience of accessing a headspace Centre or similar mental health organisation.

6. SPECIAL REQUIREMENTS

- Unrestricted right to live and work in Australia
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- In line with Government guidelines, this position may need to be based at home during certain periods. As such a reliable internet connection will be required.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.
- You may be required to travel interstate or intrastate on occasion.

7. ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name:	
Signature:	
Date:	