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## YOUTH LIVED EXPERIENCE PROJECT WORKER - YPARC

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**NOVEMBER 2021**

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| <b>Location:</b>            | Parkville                                                                                                                    |
| <b>Division:</b>            | Orygen YPARC, Clinical Services Reform                                                                                       |
| <b>Classification:</b>      | Social, Community, Home Care and Disability Services Industry<br>Award 2010, Social and Community Services Employee, Level 2 |
| <b>Employment Type:</b>     | Part-time (0.5 FTE) position available until 30 June 2022                                                                    |
| <b>Position reports to:</b> | Service Implementation Lead, YPARC                                                                                           |

### 1. POSITION SUMMARY

The Youth Lived Experience Project Worker is a key member of the Orygen YPARC (Youth Prevention and Recovery Care) implementation team. The incumbent will draw on their personal lived experience of challenges and/or difficulties with mental ill health, to support and guide the development of this new service. Their personal lived experience may include challenges with physical ill health, alcohol and other drug use, work and study challenges..

The Youth Lived Experience Project Worker will work in collaboration with the Orygen YPARC implementation team to co design with young people, carers, mental health workers and other key stakeholders a service model enhancing sub acute care for the eligible population. The role will also work with the implementation team to commence service operation including developing and trialling of models of care, operation manuals, co design recommendations and other innovative and evidence based care for the eligible population.

### 2. POSITION CONTEXT

Orygen delivers cutting-edge research, policy development, innovative clinical services, and evidence-based training and education for the mental health workforce to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

We are a complex organisation. Our activities and workforce are diverse and include:

- Five headspace centres in Craigieburn, Glenroy, Melton, Sunshine and Werribee that deliver primary clinical services to young people and are operated by Orygen.
- The Centre for Youth Mental Health, a University of Melbourne research and teaching department that is wholly seconded into Orygen. Centre staff are provided with Orygen email addresses and have the use of Orygen systems.
- Orygen Specialist Program (formerly referred to as Orygen Youth Health Clinical Program), a tertiary clinical service that is currently operated by North Western Mental Health, co-located with us at

Parkville, Sunshine and Glenroy and also operating at sites in Footscray, and Wyndham. Whilst not under the governance of Orygen, Orygen Specialist Program works in close partnership with us.

- Orygen Digital, which develops and rolls out online clinical platforms that are fully integrated with 'in-person' clinical services.
- A training and development unit providing online and face to face training for the mental health workforce both nationally and internationally.
- A policy think tank drawing on Orygen's research and clinical expertise and partnering and collaborating with key content experts from Australia and around the world to advise government policymakers.
- Centralised professional support functions enabling the organisation to achieve strategic and operational objectives.

The Orygen Strategic Plan identifies developing, delivering and rolling-out best service models as a Strategic Priority, namely 'developing, implementing and evaluating an exemplar seamless integrated clinical service model for young people in the north and west region of Melbourne.'

This position focuses on the emerging Youth Prevention & Recovery Centre 'YPARC'. The Orygen YPARC is an emerging sub acute program supporting young people transition to the community from inpatient psychiatric care, or to intervene early and prevent further deterioration that may lead to inpatient psychiatric care. The YPARC will become a pivotal component of service delivery within the evolving Orygen service system.

### 3. ABOUT ORYGEN

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|--------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>VISION</b>      | Young people to enjoy optimal mental health as they grow into adulthood.                                                           |
| <b>MISSION</b>     | Reduce the impact of mental ill-health on young people, their families and society.                                                |
| <b>VALUES</b>      | Respect, accountability, teamwork, excellence & innovation.                                                                        |
| <b>COMMITMENTS</b> | First Nations people of Australia, young people and their families, LGBTIQ+ people & culturally and linguistically diverse people. |

### 4. KEY RESPONSIBILITIES/OUTCOMES

The Youth Lived Experience Project Worker will:

- Provide youth lived experience specific input into the development of Orygen YPARC practice values.
- Work in collaboration with the project team in designing, implementing and leading the Orygen YPARC co design process.
- Participate in the transference of co design recommendations into the model of care and service operations.
- Participation in project implementation team meetings to provide a lived experience perspective.
- Support the recruitment of clinicians and lived-experience workforce to Orygen YPARC.
- Be a knowledge conduit regarding the lived experience of young people in accessing, navigating and experience of mental health care.
- Engage key stakeholders, establishing and maintaining partnerships internally and externally to Orygen.
- Develop effective working relationships, collaborations and partnerships with a range of services within the broader community service system including primary care, AOD agencies, employment and housing services, NDIS and other relevant agencies.
- Ensure service provision is guided by evidence-based, culturally-safe and trauma informed principles incorporating the diverse needs of all young people and families. This is especially important for those from LGBTIQ+, Aboriginal and Torres Strait Islander, and culturally and linguistically diverse populations.
- Ensure service development is in collaboration with young people and their families, is client centred, recovery oriented and strengths focused.
- Work with the project team, youth, carer and organisational associates to understand sub-acute care needs within the YPARC setting.
- Ensure high standards of service development that are congruent with Orygen aims – client-focused, youth-friendly, family-inclusive, accessible, responsive, and consistent with best practice.

- Establish and maintain effective interfaces and partnerships with key agencies and community groups through consultation, liaison, education and collaborative projects: including Drug and Alcohol services, Youth Justice and primary care providers etc.
- Contribute to a culture of caring, teamwork, continuous improvement, constructive performance review, quality work standards and client service.
- Participate in policy and service development within the program and in continuous quality improvement through ongoing evaluation of services delivered to clients.
- A commitment to ongoing professional development through access to current literature, continuing education, supervision, and attendance at seminars conferences etc.
- A commitment to the development of integrated clinical research within the service.
- Comply with and support others to comply with Orygen's policies and procedures, including taking appropriate action to hold others accountable and promote a workplace culture that is safe, diverse and inclusive.
- Participate in data collection, record keeping and documenting project specific information.
- Willingness to work from a community-based site and across multiple sites if required.
- May be required to perform other duties in line with lived experience perspective work as directed.

## 5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

### 5.1 Essential

- Aged between 18 and 30 years for the duration of their employment term.
- A personal lived experience of challenges and/or difficulties with mental ill health and accessing mental health services. This may include challenges with physical ill health, alcohol and other drug use, and/or work and study.
- Passion, energy and determination to make a difference to health outcomes for young people.
- Willingness and ability to share your personal lived experiences in a recovery focused way for the purpose of informing service design.
- Previous knowledge of and work within the framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- Knowledge of mental health services and an understanding of issues experienced by young people and their carers when engaging with youth mental health services.
- Ability to work collaboratively and effectively with young people and their families.
- Excellent organisational, interpersonal and communication skills (written and verbal) to communicate warmly and effectively with young people and families, liaise, build relationships and partnerships, consult and negotiate with a wide variety of stakeholders.
- Capacity to problem solve effectively, engage and work creatively with young people, families and carers.
- The ability to utilise professional judgment and raise professional and operational issues of concern and implement risk mitigation strategies as required.
- Ability to work independently and effectively within a multidisciplinary team.
- Comply with all legal requirements pertaining to the position.
- Capacity and willingness to conduct groups with young people, family members and carers.

### 5.2 Desirable

- A working knowledge of community-based organisations and human services organisations
- Proficient computer skills with a demonstrated ability in word processing, PowerPoint and database programs, as required.
- Understanding of the Children & Young Person's Act, Mental Health Act 2014 and other Acts/ legislation relevant to working with young people in a mental health setting.
- Knowledge of relevant guidelines, plans and strategies related to the mental health service system (E.g. Victorian Mental Health Reform Strategy, National Standards for Mental Health Services, etc.)

## 6. SPECIAL REQUIREMENTS

- Unrestricted right to live and work in Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- A current Victorian driver's licence (if applicable to the role).

- Occasional out of hours work may be required.
- Some evening and/or weekend work may be required.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.
- You may be required to travel interstate or intrastate on occasion.
- In line with current Government guidelines, this position may be based at home initially. As such a reliable internet connection will be required.
- The incumbent cannot currently be a family member/carer for a young person accessing care at Orygen Specialist Programs.
- Successful applicants will be required to provide proof of COVID-19 Vaccination prior to commencement.

## 7. ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

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| Name:      |  |
| Signature: |  |
| Date:      |  |