

POSITION DESCRIPTION

STUDY CLINICIAN – INTEGRATE TRIAL

Location:	Currently home based telehealth. headspace Werribee, Glenroy and Sunshine when restrictions ease
Division:	Research and Translation
Classification:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 3
Employment Type:	Part-time (0.3 FTE) fixed term position available for 12 months (Casual appointment will also be considered)
Position reports to:	Study Lead, Senior Research Fellow – Addiction and Youth Mental Health

1. POSITION SUMMARY

The purpose of this role is to provide psychological therapy to participants of the INTEGRATE study. This is a randomised-controlled trial investigating whether a novel integrated psychological treatment approach (INTEGRATE), can reduce current substance use relative to treatment as usual in young people presenting for mental health care who have current substance use but are not (yet) amenable to AOD-specific treatment. It is funded by Gandel philanthropy, The Marian & E. H. Flack Trust, and The BB and A Miller Foundation. The study aims to recruit 200 young people, 100 of whom will receive the INTEGRATE treatment. The current position is for the delivery of the active intervention for the study. Control participants will receive Treatment as Usual (TAU) via Allied Health Providers under the Medicare Better Access program.

The Study Clinician is responsible for delivery of a manualised intervention comprising up to 10 individual sessions, which includes components of existing evidence-based treatments (e.g. Cognitive Behavioural Therapy) as well as novel components. Treatment modules are targeted at psychological vulnerabilities that are known to increase risk for Substance Use Disorders as well as risk more generally for psychopathology. This role will involve data collection and data entry for the INTEGRATE study. The incumbent will also be expected to interact closely with members of the INTEGRATE research staff from Orygen.

Subject to broad direction, the Study Clinician is expected to function autonomously, carry a caseload of clients, participate in clinical review meetings, advocate for research, and attend study meetings. The Study Clinician will receive support from headspace Clinical Services Managers and will be supported by regular staff meetings and supervision (both operationally and clinically).

2. POSITION CONTEXT

Orygen delivers cutting-edge research, policy development, innovative clinical services, and evidence-based training and education for the mental health workforce to ensure that there is continuous improvement in the treatments and care provided to young people experiencing mental ill-health.

We are a complex organisation. Our activities and workforce are diverse and include:

- Five headspace centres in Craigieburn, Glenroy, Melton, Sunshine and Werribee that deliver primary clinical services to young people and are operated by Orygen.
- The Centre for Youth Mental Health, a University of Melbourne research and teaching department that is wholly seconded into Orygen. Centre staff are provided with Orygen email addresses and have the use of Orygen systems.
- Orygen Specialist Program (formerly referred to as Orygen Youth Health Clinical Program), a tertiary clinical service that is currently operated by North Western Mental Health, co-located with us at Parkville, Sunshine and Glenroy and also operating at sites in Footscray, and Wyndham. Whilst not under the governance of Orygen, Orygen Specialist Program works in close partnership with us.
- Orygen Digital, which develops and rolls out online clinical platforms that are fully integrated with 'in-person' clinical services.
- A training and development unit providing online and face to face training for the mental health workforce both nationally and internationally.
- A policy think tank drawing on Orygen's research and clinical expertise and partnering and collaborating with key content experts from Australia and around the world to advise government policymakers.
- Centralised professional support functions enabling the organisation to achieve strategic and operational objectives.

The study will be conducted at headspace Werribee, Glenroy and Sunshine, with possible extension to one or more other of Orygen's headspace centres (e.g. Melton, Craigieburn). headspace acts as a 'one-stop shop' for young people and provides services focused on mental health, physical and sexual health, vocational support and AOD intervention.

Orygen conducts a number of research studies at headspace sites in order to provide evidence for new and effective therapeutic interventions for the care of young people.

3. ABOUT ORYGEN

VISION	Young people to enjoy optimal mental health as they grow into adulthood.
MISSION	Reduce the impact of mental ill-health on young people, their families and society.
VALUES	Respect, Accountability, Teamwork, Excellence & Innovation
COMMITMENTS	First Nations people of Australia, Young people and their families, LGBTIQ+ people & Culturally and linguistically diverse people

4. KEY RESPONSIBILITIES/OUTCOMES

The Study Clinician will:

- Provide integrated and early intervention-oriented psychological treatment for study participants in accordance with study manuals and protocol.
- Manage and undertake mental health and risk assessment, psychological treatment, and crisis intervention as necessary for study participants, and maintain accurate records of clients' progress in client files.
- Attend clinical review meetings as required.
- Promote the research program, communicate regularly with, build and maintain collaborative working relationships with internal and external stakeholders.
- Contribute to a culture of caring, teamwork, continuous improvement, constructive performance review, quality work standards and client service.
- Collect accurate data and complete outcome and fidelity measures for the purposes of the INTEGRATE Trial in a timely manner. Complete data entry as required.
- Adhere to Good Clinical Practice for Research Guidelines.
- Participate in broader research team meetings.

- Work as part of the project team involving multidisciplinary clinical and research staff. Work closely and collaboratively with clinical staff and strive towards integration of both teams.
- Work to carefully maintain the integrity of the research study by maintaining the blinding of research staff and ensuring that INTEGRATE treatment approaches do not influence the clinical practice of the TAU practitioners.
- May be required to perform other duties as reasonably directed by the Study Lead.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Tertiary qualifications in allied health or health related discipline and current registration with the Australian Health Practitioner Regulation Agency or equivalent experience and qualifications.
- A youth-friendly, optimistic and professional approach to work and a passion and commitment to achieving positive change in Youth Mental Health.
- Skill and significant experience in youth mental health clinical practice, including assessment, case formulation, and intervention across a range of diagnostic categories including substance-related problems.
- Clinical experience within an autonomous role with demonstrated ability to provide cognitive-behavioural therapy and independently maintain a case-load of young people in the treatment process.
- Demonstrated ability to deliver high quality counselling and clinical work, whilst being able to maintain close fidelity to a manualised treatment approach.
- Ability to work collaboratively, flexibly and effectively with young people and their families.
- Highly developed organisational, administrative, and time management skills.
- Well-developed interpersonal and communication skills (both verbal and written).
- Proven skills in decision-making, problem-solving and risk management with ability to manage clinical risk appropriately and seek advice from clinical supervisor when required.
- Ability to work independently and effectively within a multidisciplinary team.
- Commitment to the development of integrated clinical research within the service as an integral member of the INTEGRATE team.
- Ability to document care as required and meet expectations for data collection e.g. study intervention fidelity measures.
- Excellent knowledge of the rationale, current evidence base and treatments for early intervention in youth mental health.

5.2 Desirable

- Familiarity and experience with research projects related to youth mental health, including knowledge of current research, standards and evidence based practice relevant to early intervention.
- Understanding of Acts and legislation relevant to working with young people in a mental health setting.
- An understanding of Good Clinical Practice for Research.

6. SPECIAL REQUIREMENTS

- A current Victorian driver's licence.
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Orygen's Occupational Health and Safety policy.
- All Orygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.
- Unrestricted right to live and work in Australia.
- A current National Police Check and current valid Working with Children Check is required.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.

- Willingness to deliver interventions either in person (with travel between sites) or via telehealth as required.
- This role will initially commence work remotely from home. The successful incumbent must have confidential home office space and reliable internet connection. (In response and subject to COVID-19 pandemic responsive change to working space).

7. ACKNOWLEDGEMENT

Confirming this position description has been read and understood by:

Name:	
Signature:	
Date:	