
POSITION DESCRIPTION

FIRST NATIONS WELLBEING PROJECT CLINICIAN



Location:	headspace Werribee
Division:	Clinical Service Innovation
Classification:	Health Professionals and Support Services Award 2020, Health Professional Employee, Level 2-3
Employment Type:	Part time (0.4 FTE) fixed term until 30 June 2021
Position Reports to:	Clinical Services Manager

1. POSITION SUMMARY

The First Nations Wellbeing Project Clinician is to identify the needs of young people who identify as Aboriginal and Torres Strait Islander in the West of Melbourne and to promote service partnerships that will seek to enhance service provision for Aboriginal and Torres Strait Islander young people. The aim is to promote access and engagement through a variety of holistic mental health support options by providing a responsive, flexible, and culturally sensitive support processes. Through consultation processes, the Project Clinician will aim to identify specific areas of unmet need for young Aboriginal and Torres Strait Islander people where **headspace** may be able to offer specific skills and expertise, and to sit alongside the work already being done by Aboriginal support services.

Reporting to the Clinical Services Manager Werribee, this role will work closely with members of the Access Team and other Aboriginal and Torres Strait Islander stakeholders to plan and develop an engagement strategy. Where relevant the Project Clinician will also coordinate and provide support that may be inclusive of intensive outreach support, group work, care planning, care coordination and any other creative means of supporting Aboriginal and Torres Strait Islander young people in the West of Melbourne.

Subject to broad direction, while working with a degree of autonomy, the Project Clinician will be supported by regular staff meetings and supervision (both operationally and clinically). The Project Clinician will also be required to be self-motivated and directed, demonstrating an ability to be proactive to develop and maintain positive relationships with individuals and relevant stakeholder organisations.

2. POSITION CONTEXT

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

Orygen operates five headspace centres and associated services in Craigieburn, Glenroy, Melton, Sunshine and Werribee with funding from the North Western Primary Health Network and support from headspace: the National Youth Mental Health Foundation. These headspace centres aim to improve access to services and continuity of care for young people across four core streams of service: mental health; alcohol and other drugs; primary care; and social recovery/vocational services.

3. ABOUT ORYGEN

VISION	Young people to enjoy optimal mental health as they grow into adulthood.
MISSION	Reduce the impact of mental ill-health on young people, their families and society.
VALUES	Respect, Accountability, Teamwork, Excellence & Innovation
COMMITMENTS	First Nations people of Australia, Young people and their families, LGBTIQA+ people & Culturally and linguistically diverse people

4. KEY RESPONSIBILITIES/OUTCOMES

The First Nations Wellbeing Project Clinician will:

- Work under the direction of the Clinical Services Manager and the Senior Access Clinician to develop relationships with relevant Aboriginal and Torres Strait Islander stakeholder organisations and facilitate an innovative engagement strategy that is culturally appropriate to support Aboriginal and Torres Strait Islander young people.
- Through relationships with other services, identify a range of potential support options and activities that will respond to the needs of Aboriginal and Torres Strait Islander young people holistically.
- Seek to identify and understand the barriers and challenges for Aboriginal and Torres Strait Islander young people to accessing care, and where appropriate to work to building enhanced access and linkages with headspace and other external agencies.
- Flexibly manage intake, assessment and referrals processes for Aboriginal and Torres Strait Islander young people and assist others in the team to do so.
- Where appropriate to directly manage a caseload of Aboriginal and Torres Strait Islander young people which may include providing community outreach support, holistic counselling, and enhanced case support.
- Where appropriate, to coordinate and facilitate opportunities for young people to engage with other supports within headspace including co-located providers and clinical support.
- Deliver evidence-based brief interventions, including group interventions, with young people and their families/carers.
- Maintain accurate and timely case notes and records in approved database systems.
- Participate actively in Clinical Review Meetings.
- Promote and monitor activities supporting research projects conducted at the centre.
- Promote positive working relationships between the Access Team and other Aboriginal and Torres Strait Islander services external to headspace.
- Promote the **headspace** program, communicate regularly with, build and maintain collaborative working relationships with health and welfare agencies and the general community.
- Participate in and develop community awareness activities, relationship building activities and appropriate community and agency meetings.
- Participant alongside other designated parties to be involved in high-level liaison with internal and external stakeholders.
- The role may incorporate other service development activities and responsibilities as directed by the Clinical Services Manager.
- Liaise immediately with the Clinical Services Manager or available members of the Access Team regarding any identified clinical concerns.

5. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

5.1 Essential

- Approved tertiary qualifications in a relevant discipline and experience in the area of youth mental health.
- Passion, energy and determination to make a difference to health outcomes for Aboriginal and Torres Strait Islander young people.

- Training / experience that demonstrates an understanding of some of the challenges and barriers that Aboriginal and Torres Strait Islander young people's experience.
- Demonstrated ability to work in a flexible and adaptive way to promote effective engagement and support.
- Experience in the planning and provision of mental health care, including completion of mental health assessments, crisis intervention, psychoeducation and short-term treatment interventions to young people experiencing mental health and/or substance use, and/or other social difficulties, including current evidence-based approaches.
- Demonstrated capacity to problem-solve effectively and work creatively with young people, particularly within an early intervention framework.
- Demonstrated ability to work effectively in a multi-disciplinary team in a health setting.
- Excellent interpersonal and communication skills (written and verbal) to effectively liaise, build relationships and partnerships, consult and negotiate with a wide variety of stakeholders.
- Commitment to supporting clinical research within the service.

5.2 Desirable

- Previous direct experience or training related to working with and supporting Aboriginal and Torres Strait Islander young people.
- Experience in the planning, provision and evaluation of group interventions for young people and their families/friends.
- Strong relationship building skills with other organisations.
- Experience in the planning and provision of community engagement and capacity building activities.

6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE

- Knowledge and support of the **headspace** framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- Knowledge of the common mental health, substance use and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Well-developed knowledge and understanding of issues and social determinants that impact upon the lives of Aboriginal and Torres Strait Islander young people.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.
- Excellent computer skills with a demonstrated ability in word processing, PowerPoint and databases as required.

7. SPECIAL REQUIREMENTS

- Unrestricted right to live and work in Australia
- A current Victorian driver's licence.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- You may be required to work across more than one of Orygen's sites, which are currently located within the north and west of Melbourne.

Manager:		Date:
Team member:		Date: