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## POSITION DESCRIPTION

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### ENHANCED ACCESS TO MENTAL HEALTH CLINICIAN (IN SCHOOLS)

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<b>Location:</b>	headspace Craigieburn
<b>Division:</b>	Clinical Programs
<b>Classification:</b>	Health Professionals and Support Services Award 2010, Health Professional Employee, Level 1 - 2
<b>Employment Type:</b>	Part-time (0.4 – 0.5 FTE) fixed-term position available until 30 June 2021
<b>Position reports to:</b>	Clinical Services Manager

#### 1. POSITION SUMMARY

The position of Enhanced Access to Mental Health in Schools Clinician is part of a multidisciplinary approach to mental health care for young people. The incumbent is responsible for providing clinical triage, intake, advice, support, advocacy, assessment and brief intervention services in order to enhance the physical and mental health outcomes of young people with mental health conditions living in the community

The incumbent is committed to providing clinically effective, youth friendly and individually focused therapeutic interventions that are evidence-based, best-practice assessment and intervention for a diverse range of mental health issues experienced by young persons enrolled in secondary education.

The incumbent may also support the planning, delivery and evaluation of community awareness, education initiatives aligned to this program. With support, some inreach (on location at schools) may also be required.

Subject to supervision and direction, while working autonomously with individual sessions, this position will report to the Clinical Services Manager and Senior Access Clinician, and will be supported by regular staff meetings, supervision (individual and group) and availability of a senior staff member at all times. This position will also receive daily supervision from the Enhanced Care Coordinator - Senior Clinician at each site and will report to both the Manager, Youth Enhanced Services and Clinical Director.

#### 2. POSITION CONTEXT

headspace is a world-first youth mental health initiative that supports young people who are going through a tough time; whether it's depression, anxiety, relationship break-ups or alcohol and other drug issues. The youth-friendly services at headspace are aimed at teenagers and young adults in recognition of the fact that 75 percent of mental disorders emerge before the age of 25 years.

Orygen operates five headspace centres and associated services in Craigieburn, Glenroy, Melton, Sunshine and Werribee with funding from the North Western Primary Health Network and support from headspace: the National Youth Mental Health Foundation. These headspace centres aim to improve access to services and continuity of care for young people across four core streams of service: mental health; alcohol and other drugs; primary care; and social recovery/vocational services.

This position is contracted by Orygen with funding provided by the Victorian Government through Department of Education and Training (DET) and headspace National Office (nNo) that began in January 2019.

This position will be located on site at one of the five headspace Centres auspiced by Orygen and at those secondary schools as directed by hNo as a part of the Enhancing Access to Mental Health in Schools initiative.

### 3. ABOUT ORYGEN

**VISION:** Young people to enjoy optimal mental health as they grow into adulthood.

**MISSION:** Reduce the impact of mental ill-health on young people, their families and society.

Orygen is the world's leading research and knowledge translation organisation focusing on mental ill-health in young people. Working side-by-side with young people, our partners and one another, we're redefining what's possible in global research, policy, education and clinical care. Find out more on our [website](#).

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds, along with assistance in promoting young peoples' wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. Find our more on the headspace [website](#).

### 4. KEY RESPONSIBILITIES/OUTCOMES

The Enhancing Access to Mental Health in Schools Clinician will:

- Work under the direction of the Clinical Services Manager and Senior Access Clinician to provide comprehensive youth-friendly mental health services.
- With regular supervision, provide clinical psychological assessment, formulation and individual intervention for a variety of mental health issues to young persons referred to headspace.
- Liaise with General Practitioners, psychiatrists, social workers, teachers, and educational well-being officers, as well as other service providers regarding the referral for psychological services and to facilitate a coordinated care for the young person.
- Liaison with internal and external stakeholders
- Provide effective written and verbal feedback to referrers, young persons, carers and families, in accordance with headspace and Orygen, The National Centre of Excellence in Youth Mental Health's policies and the appropriate industry and/or discipline Code and Ethics
- Demonstrate appropriate professional judgement, behaviour and autonomy within the working environment
- Maintain accurate and timely electronic medical records.
- Complete appropriate reporting requirements/documentation including but not limited to HAPI services for every booked consultation, including when the young person does not attend.
- Participate in regular clinical case review meetings and multi-disciplinary team meetings to ensure appropriate, consistent and coordinated service pathways and service delivery response for young people and their families/carers.
- Participate in and promote research and evaluation projects conducted at the headspace centre.
- Support youth and family/carer participation at the centre.
- Effectively communicate with all key stakeholders, providing appropriate coordination, liaison and referral as appropriate for those students
- Meet the required targets as stipulated by Department of Education and Training (DET) and NWPHN.
- The role may incorporate other headspace related activities and responsibilities as directed by the Clinical Services Manager or Senior Access Clinician.

## **5. SELECTION CRITERIA**

The following criteria must be met for consideration for this position:

### **5.1 Essential**

- Approved tertiary qualifications in a relevant discipline.
- Full registration with AHPRA or AASW
- Passion, energy and determination to make a difference to health outcomes for young people.
- Appropriate to level of experience and with ongoing supervision able to demonstrate competence in provision of mental health care, including completion of mental health assessments; risk assessment and crisis intervention/safety planning; evidence based individual and group interventions to young people experiencing mental health and/or substance use problems.
- Demonstrated ability to determine and plan for a young person's recovery and support needs, employing a shared-decision making approach.
- Proven skills in decision-making, problem-solving and risk management, in order to demonstrate a sound ability to make decisions in relation to conducting intake and assessments and determining a young people's suitability for ongoing treatment/support services at the centre
- Excellent written and verbal communication skills.
- Understanding of all key legislation and translation of such within health and school setting
- Competent communication skills and demonstrated ability to liaise effectively with other professionals including GP's, student wellbeing staff at schools, etc.
- Demonstrated ability to work effectively in a multi-disciplinary team.
- Commitment to supporting clinical research within the service.
- Be proficient in the use of Medical Director and Pracsoft Software specific to headspace Centre to record all client contact and to maintain accurate and comprehensive clinical notes of the psychological service rendered.

### **5.2 Desirable**

- Some experience in the planning, provision and evaluation of group-based interventions for young people and their families/carers.
- Competence regarding information technology, software packages and willingness to be trained and implement data collection and clinical record software.
- Knowledge of the Victorian State Secondary School system and environment.

## **6. PROFESSIONAL AND ORGANISATIONAL KNOWLEDGE**

The Enhanced Access to Mental Health in Schools Clinician will be expected to have:

- Working knowledge of the common mental health issues faced by young people, evidence-based treatments for high prevalence disorders (such as CBT for mood and anxiety disorders) and the literature underpinning such approaches.
- Knowledge of substance use and other health and social problems faced by young people and the indicated evidence-based treatment/support options for these.
- Knowledge and understanding of relevant legislation, government policies and strategic directions in relation to mental health and alcohol and other substances, particularly as it relates to young people.
- A breadth of understanding of the different types of organisations involved in mental health and drug and alcohol service delivery to young people.
- Have knowledge of and work within the headspace framework of early intervention, de-stigmatisation, diversity, inclusion, and non-discrimination.
- An understanding of and commitment to ethics and confidentiality issues, particularly in relation to the health and allied-health professions.

- Competent computer skills with a demonstrated ability in word processing, PowerPoint and databases as required.

## **7. SPECIAL REQUIREMENTS**

- A current Victorian driver's licence.
- Occupational Health and Safety (OH&S) and Environmental Health and Safety (EH&S) responsibilities as outlined in Oxygen's Occupational Health and Safety policy.
- All Oxygen employees are required to familiarise themselves with the organisation's policies and procedures and to adhere to them at all times.
- A current full unrestricted work permit / visa for Australia.
- A current National Police Check will be required.
- Any offer of employment is conditional upon receipt and maintenance of a satisfactory Working with Children Check.
- You may be required to work across more than one of Oxygen's sites, which are currently located within the north and west of Melbourne.